

M&B 2025 ALPHA COHORT



Mentorship & Beyond

Making you become...

Testimonials



Nurse



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Faith Maina



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Faith Wanjiru



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My journey in M n B started when I saw a certain status post from our mentor. Without hesitation I slid into his D.M and asked him what it was all about. Gladly he told me to join and sent me the application details. The journey to self discovery , knowing my identity begun. At first I used to say that I know myself but through this journey, I unlocked so much things about myself , some I didn't know and some if I hadn't joined the mentorship program I would still not be aware of.

I remember at my time of joining I was at a place where I had a lot of frustrations due to different situations and reasons but I remember our mentor telling us to be patient with ourselves and we give ourselves time to grow. I used to think I was in this world alone and that nobody cared whether you make it or not. M n B family welcomed me with all my flaws , identify crisis , imperfections etc but they embraced me with tough love, they gave me a listening ear and a shoulder to lean on

M n B has shaped me to be the better version of myself,I have discovered myself,my worth ,my confidence and so much. My relationship with God has been strengthened. I loved the fact that every aspect of teaching in the program was biblically supported. Even now I made it intentional to read the word everyday since I have discovered through M n B that you can discover and know yourself better when you study the word of God. I loved that aspect of spiritual growth.

I take a moment to deeply thank M n B and every mentor who has walked this journey with me. When I first began, I was exhausted physically, mentally, and emotionally. There were days I felt like giving up, when everything seemed overwhelming and I questioned who I really was and what I was doing with my life. The identity crisis was real, and the path ahead often felt blurry.

But through it all, this program stood as a pillar of strength in my life. The guidance, patience, and encouragement I received didn't just help me push through the hard times —they helped me grow. My mentors didn't just teach me skills; they helped me rediscover my purpose and believe in myself again. They reminded me that I wasn't alone, and that growth is often messy but always worth it.

Today, I look back and realize how far I've come — not just in accomplishments, but in who I've become. I'm more grounded, more confident, and more self-aware. And I owe so much of that to M n B

Thank you for seeing me even when I couldn't see myself. Thank you for staying when I wanted to run. Thank you for mentoring me into the person I am become.

I would encourage every person to take this bold step , decide and join. This is a decision you will never regret making. You will be molded to the best version of yourself, you will discover yourself and your purpose . This is home and M n B is family.

VISION STATEMENT

"To raise a generation of compassionate, skilled, and faith-driven professionals by integrating excellence in nursing education, biblical teaching, and ethical entrepreneurship."

MISSION STATEMENT

"To educate and mentor aspiring nurses through a Christ-centered institution that delivers high-quality training, fosters spiritual growth, and empowers future leaders to create impact—both in healthcare and in business."

DANIEL NGOTHO

“

***To the Beta Cohort,
stay anchored.***

***The process may shake you,
but it will not break you.***

”



My name is Daniel Ngotho, a son in the Kingdom of God. My journey in M&B began in May last year when I joined Cover to Cover 2024, thanks to Mentor Morris who quietly slid the registration link into my D.M. I didn't resist much, his invitation felt weighty enough. At the time, I knew little about mentor-ship programs, and truthfully, I thought I didn't need one. Deep down, I felt whole, complete, maybe even a little proud. I thought I was ready for life's journey, how wrong I was.

From the very first class in the Facing Me module, I was confronted with the version of myself I had ignored. It felt as though someone peeled off a fake covering I had used to hide my brokenness. That session opened my eyes, the longest and hardest journey I would ever take is the one toward knowing and healing myself. What shocked me most is that such deep transformation didn't cost me a single coin. It was pure grace, lavished on me by people who saw potential where I saw pride.

To every mentor who poured wisdom into me, Mentor Morris, Mentor Tim, and the many others behind the scenes, I am deeply grateful. You didn't just teach lessons, you taught me. You gave me language for my chaos, strategy for my growth, and hope for my tomorrow. Your investment has not gone to waste.

To the Beta Cohort, stay anchored. The process may shake you, but it will not break you. You've joined something sacred, something that, if you let it, will shape you for life. Stay the course. It's worth it.

SARAH MUTWIRI



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Hairdresser*



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***One of the most valuable lessons
I've learned is to appreciate the
small steps in life to find meaning
and worth in even the smallest
achievements.***



I would like to sincerely thank Mentorship and Beyond for the incredible impact they have had in my life. Joining this program has been one of the most life-changing experiences for me. Through their mentorship, I have been nurtured holistically spiritually, emotionally, mentally, and financially. The lessons I've received have shaped my character and helped me build a strong foundation for the future.

One of the most valuable lessons I've learned is to appreciate the small steps in life to find meaning and worth in even the smallest achievements. I've come to understand that *life is not a competition; everyone is on their own path and timeline. I now walk with peace knowing that I am not late to achieve my heart's desires and that what is meant for me will come in its perfect season.

I've also learned to have unwavering faith that even in the darkest hour, light still shines. This program has instilled in me the strength to push forward, no matter the circumstance. One of the most impactful teachings has been on the *power of savings and wise investing. I now know that small, consistent financial habits can lead to long-term growth and stability.

Our weekly Thursday sessions have played a huge role in shaping me. Meeting consistently every week has taught me to be time-conscious, disciplined, and responsible. It's become a routine that I truly value, and it has helped me become more organized in both my personal and professional life.

I am especially grateful to our mentors Mentor Morris and Mentor Tim whose wisdom, patience, and selfless guidance have been a blessing. You've poured into us not just knowledge, but also belief in ourselves and our potential. Your words and leadership have changed how I think, act, and carry myself.

A heartfelt thank you also goes to Millie, who introduced me to this journey. Your kindness opened a door that has transformed my life. You believed in me, and because of you, I've found a space that continues to lift and mold me.

As I complete the first phase of mentorship and beyond, I will walk away more confident, wiser, and full of hope. I am truly transformed and forever grateful.

VINITHER NYABUTO



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VISION STATEMENT

*To grow through every stage of my GIS career
and become a trusted consultant
who uses geospatial knowledge to solve
real-world problems and create meaningful
change.*

MISSION STATEMENT

*Driven by growth, guided by values,
focused on impact.*

One main reason I joined the M&B program was because I wanted to grow in my career. I thought it was a mentorship program for young people. But I later realized it was more than that, it was a chance to truly discover myself.

Through the different sessions, I learned many things about myself that I had not paid attention to before. Each session helped guide me in my journey of self-discovery. The one-on-one session with mentor Morris was especially helpful. It helped me understand the challenges I was facing in life, and together we came up with a plan to help me become more independent in all areas of my life. I also learned how to use Bible lessons to understand self-empowerment. This encouraged me to start reading Bible verses and praying more often than I used to.

One phrase that stood out to me from the program is: "Life is what you make it, and the only validation you need is your own." Looking back, I'm so thankful I clicked on the invitation link. I want to thank our mentors: Morris and Timothy, for their kind and powerful sessions. May God continue to use you to impact others.



FRIDAH WANJIRU

“

Now at this juncture I am a sales representative, very bold and confident that this program has built me not for now but even the days to come ...

”

Mentorship and beyond I got to know it through a poster and I decided to give it a trial. Wait until the moment I got into it, the kind of love and care from this family is from another level.

At first, I felt discouraged with life at the middle of my 20s but thank you to mentor Morris and Tim, you clearly brought it out for what am supposed to do at that specific time. This program helps to maneuver the word of God with exploration and reflection to.

Now at this juncture I am a sales representative, very bold and confident that this program has built me not for now but even the days to come ...

M&B not just a place, I would call it an eye opener because wait until you get to one-on-one session this is now, we you will come to know your self and the this to do and things cut off and the last but not least it is more of discipline ,the discipline of time, finances and for one another its perfectly maintained

..God bless the M\$B fraternity, and every time I am given a chance I choose I will do here over and over...

ROZINAH NJINU

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 Qeshy8

There is no word I can use to describe M&B... I feel like there is no term that suits it perfectly, but lemme just call it BLESSING. I joined the forum at that point in life, where I was lost ,confused ,hopeless, and didn't really know what life had in store for me. I was that person who had given up and was like whatever comes wacha tu ikam .I was first introduced to mindset education where I needed to alter my perception of things ,life to be specific and know that things dont just happen but we have power in us to make things be how we want then to be.

As I sit down ,I find overwhelmed with gratitude and reflection .Am now taking this moment to express just how much the guidance and support has meant to me in the six months we have been together M&B. Working alongside you was not just mentorship experience but like being part of a family. I now can do things I wasnt able to do before then like saying 'No' to me was not easy but right now I can stand my ground and refuse that which is not for me.

To my Mentors (Sir Tim and Sir Morris) ,your mentorship and the guidance you provided have had an impact in my life .You have been more like leaders to me ,a source of inspiration and a guiding light.

The time I have spent on M&B is transformative period for me. The leadership skills I learned has made me learn what it means to be committed to a cause ,to lead with empathy and a cause .To hope and work tirelessly for a better tomorrow. The Christian values and visions instilled have been a compass to me ,steering me through life's challenges and triumphs alike. Even though we didn't always see eye to eye,I have always respected the unwavering commitment to the youth and making difference,

May God Bless you sana .I am grateful for every moment and lessons and I cherish the impact you had on my life. My sincere regards to Millie ,thanks for your effort and dedication in helping me in my class attendance even when I forgot and also assignments, I truly appreciate you from deep down my heart .You are one of a kind and May God bless you so Much Millie.

Thank you M&B for making me rediscover myself, equipping me with the best tools (Christian values) to thrive and I am now embracing a brighter tomorrow.

Long Live Mentorship and Beyond

GRACE NEEMA

Joining the 2025 Alpha Cohort was one of the best decisions I've made. In just six months, I gained deep self-awareness, clarity in my choices, and a renewed sense of purpose. The mentorship was personal, practical, and life-changing. I now walk with confidence, guided by values and a spirit of excellence.

This program didn't just teach me, it transformed me.



CURREN GATHONI GITU

VISION STATEMENT

*To be an educated established
and successful
woman, rooted
in God.*

MISSION STATEMENT

*Becoming a voice for the voiceless,
through empowerment and advocacy.*



Urban Planner



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Being part of the Mentorship and Beyond Program has been a transformative experience. The program gave me the space and opportunity to reflect on my goals, build confidence in my abilities and begin to gain clarity on my future. I had the privilege of being guided by selfless and dedicated mentors who offered invaluable insights and encouragement. Who made me feel seen, supported and capable. I am incredibly grateful for this opportunity and will carry forward the lessons and confidence I gained as I take the next steps in my journey.

JENIFFER NGUGI

 *does a lot of things work?*

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Jenny Ngugi

Joining Mentorship & Beyond was a turning point in my life. I came in with one clear goal: to stop letting my emotions control me. I wanted to take hold of them—understand them, face them, and grow through them. I also craved connection with others going through similar struggles, so I wouldn't feel so alone in the process.

Before I met Mentor Morris, I never realized I had childhood traumas—let alone that they were influencing how I behaved toward myself and others. But he picked up on it almost instantly and made sure I wasn't just aware of it, but actively working through it. That realization alone was a major breakthrough. I began to understand the roots of my emotional reactions, and for the first time, I faced my childhood instead of avoiding it.

One of the most defining moments came when Morris told me, quite bluntly, that I was chaotic. His tough love (and yes—it was tough) hit hard. I broke down from it at one point. But looking back, I realize I needed that. Gentle encouragement had never really pushed me to change. His raw honesty did. It made me see that I had more power than I believed—especially in my marriage. He helped me understand that I was the only one who could either build it or break it.

Interestingly, working on my marriage wasn't even a goal I had when I joined Mentorship & Beyond—but it turned out to be one of the biggest takeaways.

Thanks to this process, I've become more patient. I've learned to pause before reacting and give myself time to reflect. I'm still learning, still growing, and yes—still experiencing moments where emotions try to take over. But now, I approach them with more awareness, more understanding, and a stronger sense of self.

I'd 100% recommend Mentorship & Beyond to anyone still trying to find themselves—whether that means discovering who you are, starting a new life chapter, entering a marriage, or choosing a career path. This program doesn't hand you a ready-made answer. It gives you the tools, the truth, and the space to grow into your own.



NYAWIRA MAINA

 **Student**

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 **Nyawira J Maina**

VISION

*To be a source of joy and peace
for the people God has placed around me*

MISSION

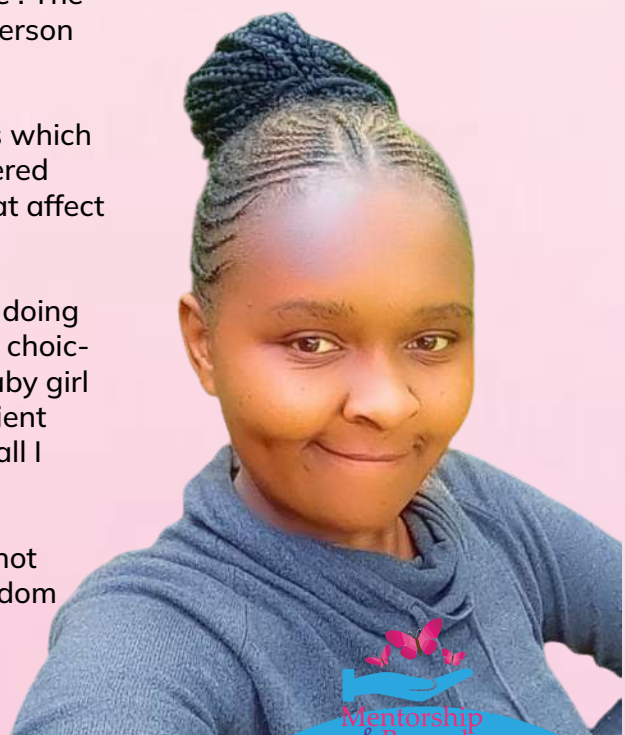
*To live a life full of wisdom by making high quality
decisions and to be able to have and to refuse
to be intimidated by my disadvantages through
overcoming it like the conies which make their houses
in rocks but they are a feeble folk..*

I joined mentorship and Beyond just because my sister insisted that it was a good program where I would benefit greatly so I said why not. In the beginning I got to learn about myself and my personality which helped me improve my interaction skills which on a scale of one to ten was five. The strictness on adherence to the rules has helped me be a punctual person and become accountable with tasks that I given.

It is also in this program that I got to discover that I had past issues which I had ignored. It was through the one on one session that I discovered that past events that we mostly assume as normal are the ones that affect our future lives if not dealt with.

To say the truth I enjoyed this program especially the adrenaline of doing our assignment earlier because if not you lose a life. I have a lot on choices taking charge I especially remember we were that money is a baby girl that needs to be taken care of for it to grow and be used in an efficient way. By God's grace we have completed and am grateful for with all I have learnt I know I am slowly becoming.

M and b is also a place where I have met great mentors who have not stopped at nothing to make sure we get all the knowledge and wisdom we need for this life according to what God has placed in them



VALENTINE SEBE



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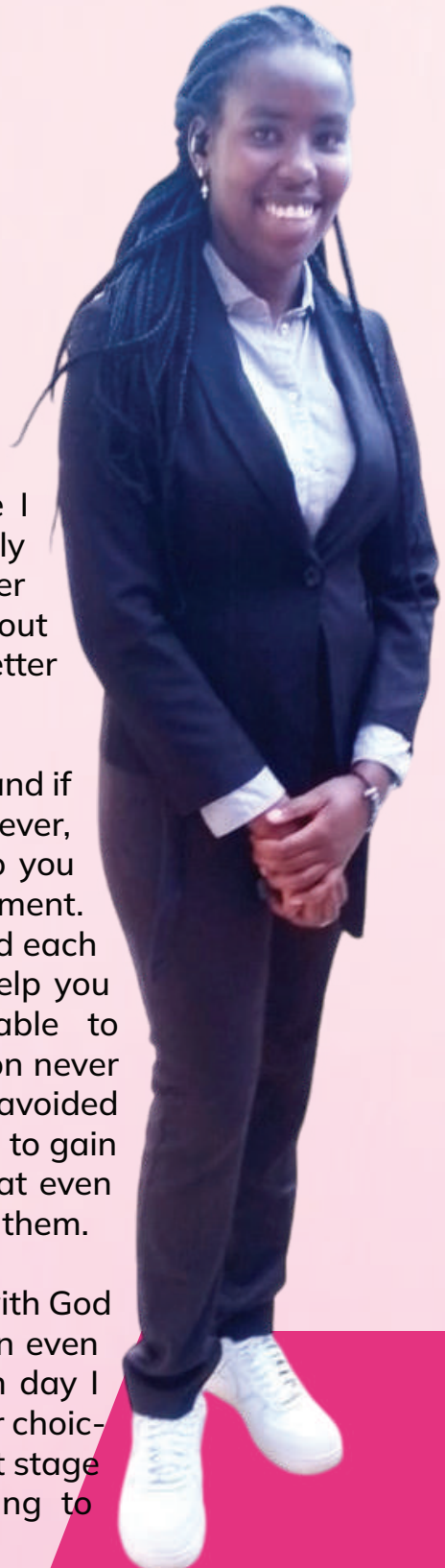


Vilialba Montet

Before M&B I thought I new everything about myself, turns out there was a lot more to learn and work on. The program started as an exciting adventure where I could meet new people and it ended up becoming a family with new friends. M&B gave me a chance to rediscover myself and my identity. Things that I thought I knew about myself were reexplained and I can now say that I am better now than I was then.

When you join patience and discipline is instilled in you and if you are not resilient enough you may not make it. However, hard it may seem the journey is worth it because who you become at the end is souly dependent on your commitment. As the slogan say they are truly helping you become and each day is a learning moment. With great mentors who help you reconcile your past and your present you are able to become. When I started I used to be an agreeable person never wanting conflict thus simply avoiding it. This ment that I avoided conflict to the expense of my on well being. M&B enable to gain the courage to face things head on as I understood that even avoiding things can be considered as being complicit to them.

This program has enable me reconcile my relationship with God which was at a deteriorating point before I joined. I can even say I am more self aware than I have ever been. Each day I strive to be the best version of myself and to make better choic-es in my life thanks to the program. As I move to the next stage in the program I am open to learning and continuing to become in all aspects of my life.



LUIS MUCHIRI

VISION

A happy and healthy people

MISSION

To drive positive change in Africa.

 **IT Generalist**

 **Luis Muchiri**



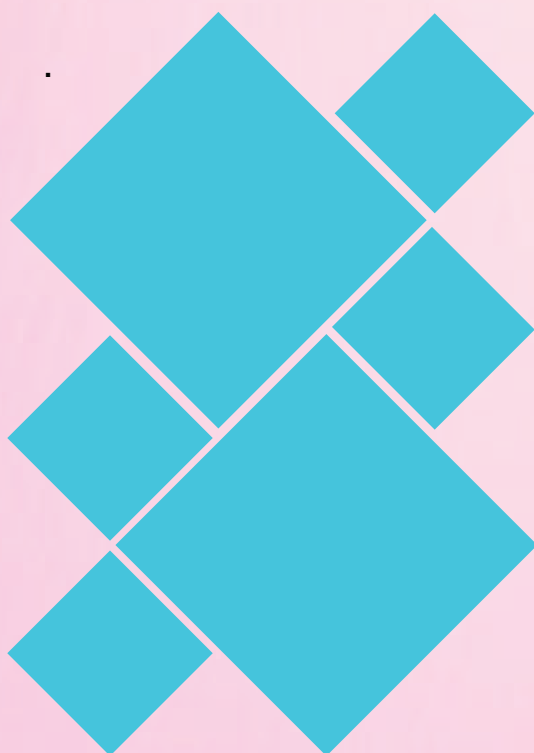
"I've been in a bat's shoes for a while. A very, long minute. I never took it for granted, flying, that is. Moving along and against the wind, at this tender age, feels so good. But like the bat, I could only hear and move. Never saw. Just vibrations through my ears and actions from my translations. I came to admit that without eyes, I couldn't fly well into the abyss. A limitation. I couldn't bear being limited.

When I joined M&B I had one objective. To become aware of myself, and surely I have achieved that. The words put into the teachings by the mentors led to my transformation to being better. I Became, and now I proceed to conquer. For you to be that which you will to be, you need to do that which need be done. You need to get into the shoes of that person and move as they do."

JENIFFER



When I joined m&b, I thought I was okay...but through the sessions and one on one with mentor Morris, I have gained so much perspective...helping me focus on one thing at a time as opposed to how I always wanted to do 'everything'. It feels good to relax in my choices whether bad, moderate or better. I love how stable my life feels as I take one day (life season) at a time!



VISION

To live a life where I can think clearly, make plans with confidence, and genuinely care about the world and the people in it. To navigate challenges with ease and build meaningful relationships based on open communication and self-acceptance.

MISSION

To cultivate a life of authenticity, purpose, and connection by embracing personal growth, overcoming limitations, and expressing myself boldly.

This experience has been nothing short of a complete transformation. It began with a shift in my mindset, where my mind opened up, and I started to feel like the person I once was, before life's challenges clouded my vision. I realized that I had been holding back, limiting myself in countless ways, and this class has helped me break free. Now, I can think clearly, make plans with confidence, and genuinely care about things, people, and the world around me, which has brought a renewed sense of purpose and joy into my life. Another significant lesson was learning to stand up for myself and speak my mind boldly. Before, I would often shy away from conflict or expressing my opinions, fearing judgment or disapproval. This class gave me the courage to voice my thoughts and needs, fostering open and honest communication in my relationships and helping me navigate difficult situations with greater ease. Moreover, I've learned the importance of embracing vulnerability and allowing myself to be seen, flaws and all. It's a powerful thing to let go of the need for perfection and accept myself fully, which has led to deeper connections with others and a greater sense of self-acceptance.

I am profoundly grateful to M&B for providing this incredible opportunity, for their commitment to fostering personal growth, and to Mentor Morris and Timothy, whose guidance and support have been invaluable throughout this journey. Thank you for helping me rediscover myself, embrace a brighter future, and for equipping me with the tools to thrive.

Not forgetting Millie, I want to extend my heartfelt thanks for your constant support. Your efforts in helping me with class attendance and assignments have been truly appreciated. I am grateful for your dedication and friendship...

Thankyou Mentorship and Beyond

CHEPKORIR SHALOM



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MIRIAM NJERI



Student



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njerimir

Lost, that's the one word I would've used to describe myself a few months ago. Before I joined this program, I was surviving on straight-up YOLO vibes and inshallah energy, meaning I don't know what I'm doing, but let's hope it works out. Every day felt like it was just another day. I had no plan, no direction, just vibes, Google searches at 2 a.m., and that one motivational reel I saved but never rewatched. You know the one with the guy yelling Get up and chase your dreams! while I'm in bed like, "Yeah, I'll start tomorrow."

I didn't even realize I had boxed myself into a title I gave myself, and day in, day out, I kept reliving it, like I owed it something. I let it define me. Then I joined Mentorship & Beyond. I thought it'd just be another "nice program" with talks and tips, but what I found was home. It was the first space I had walked into in a long time where I didn't feel the need to shrink or explain myself. I could just show up. Whole or broken. Loud or quiet. Certain or confused. I was safe either way. That feeling of safety? It's rare. And I felt it from day one. I didn't feel judged. And week by week, something started to shift. One of the biggest blessings for me has been the War Room sessions. Spiritually, I was in a place where things felt dry. Like I believed in God, sure, but the connection wasn't there. I was carrying so much doubt and fear. The War Room helped bring me back. It made faith feel simple again, like a conversation with God, not a task. And don't even get me started on Thursdays. I live for Thursdays now. They've become my soul's reset button. Whether it's a new life lesson, a reminder I didn't know I needed, or just that one sentence that hits like, "How did y'all get into my head?" it always delivers. I walk away every Thursday feeling lighter. It's not just "another session." It's a lifeline.

This journey has also helped me mentally. I pressure to figure everything out. The kept asking if I was enough. But through I've learned that healing isn't about arriving self be seen along the way.

And I've started discovering versions of self-learning, I've picked up skills I anything, just because I want to grow. in a long time.

And the truth? I'm not ready to leave. home. No, this place is actually time I think, "This has helped me so I've only just scratched the surface. "Ahhh, so this is what You had

If I had to wrap up what this word, it would be peace. Not fine, everything's okay" kind. peace that comes when you you were always meant to be. anytime soon. I'm still here. discovering the real me.!

didn't realize how much I was carrying in silence. The constant comparison. The voice in my head that this space, I've learned how to unpack all of that. ing somewhere perfect, but about letting your-

myself I never even knew existed. Through never thought I'd be capable of, not to prove And that wanting? That spark? I hadn't felt that

I don't want to leave. This place feels like home. It's warm, it's safe. And every much," the next session shows me And I find myself saying to God, planned."

program has given me in one the surface kind, not the "I'm But the deep, quiet, steady finally start becoming who So yeah. I'm not leaving Still learning. Still healing. Still



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MISSION

To become a top cyber security engineer and revolutionise the tech world and impact men to be better people in society

I first heard about MnB in 2020 from my sister who was taking part in it. The second time I heard about it was from her earlier this year telling me to join. I was unsure of what to expect but I have come to find great insight and empowerment not only spiritually but also emotionally. The session have really been impactful to me in ways I didn't expect. It has introduced to new ways of thinking and viewing life.

The life skills we have learnt such as saving have been a good prep for me as I even join university. I don't regret ever joining this MnB will always be in my heart.

“

The session have really been impactful to me in ways I didn't expect. It has introduced to new ways of thinking and viewing life.

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KARIUKI JULIET WAMBUI



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& Tech Enthusiast**



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(Juliet Kariuki)**

I came across the Mentorship and Beyond (M&B) program during a very crucial time of my life, so I can confidently say that I attribute a lot of my personal and professional growth to the program and my mentors. Their pillars of engagement are your psychological self, your spiritual self, and your financial (entrepreneurial) self. Until date, I am yet to see a program as wholesome and well-rounded as M&B. What I will say instead is that your personal growth will depend on the amount of effort and vulnerability you express during the program and the one on one sessions because we have a saying here at M&B that goes: Money and financial gain is like rain, whatever is planted is what will grow. So the concern is not mainly about the rain, but what is in the land. What M&B is for is tilling the land, checking what is laid in there waiting to sprout when the season comes, it's a lot work honestly, to till that land and get it ready for the season as this when you will find out a lot about yourself, things that may not have been clear or open to you, but trust me, it's the best thing that could happen to anyone who wants to be a reliable and dependable child of God, in the various dominions you will be standing in for.

M&B is a family, so the hand-holding, mentorship, and guidance is a life-long journey where we walk hand in hand, after the program you will have a community that can and will back you up, you will not be alone, even when you want to, they find you and reel you back in and take care of you, if you want.

Seize this opportunity when it is presented to you, and you will have made the biggest investment in your life, this I will encourage you to do. 7 years later, and I still am grateful for the opportunity to have joined Mentorship and Beyond, if anything, I consider myself blessed to have joined them. I have nothing but gratitude towards my mentors and the alumni. Shalom!

VISION

To contribute towards a world where people have enough to eat, dignified living conditions, and decent work that they find empowering, not only for themselves but for their families and their generations.

MISSION

To create sustainable systems and solutions that address the issues faced in agriculture and policy, allowing for better living conditions for all stakeholders involved. To produce and curate music and art that glorifies Jehovah and draws people into his presence by alleviating anxiety, through encouragement, and responsible entertainment.



VISION

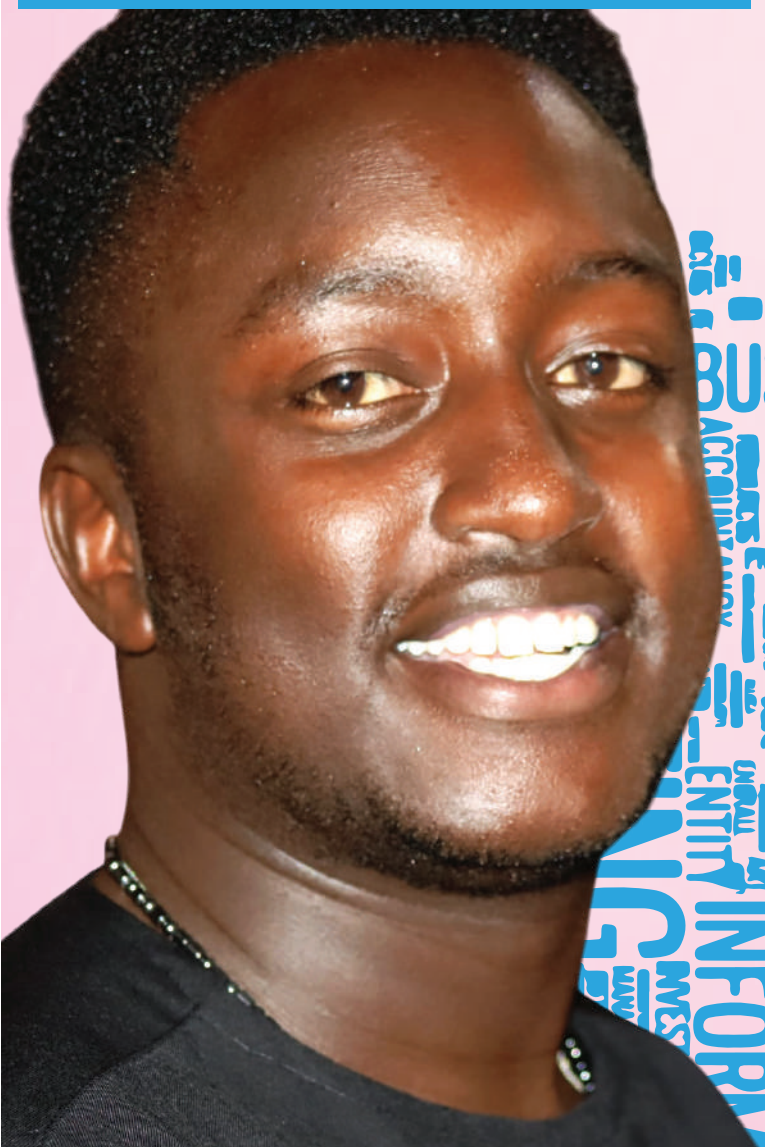
*To be a person that brings
change in a generation that is
fixated on one point of thinking
and making it a norm.*

MISSION

*To make peace my inner core
and actualize it in others
peoples lives*



Accountant



Participating in this mentorship program has been a transformative experience for me. When I joined, I was searching for direction, guidance, and inspiration to grow both professionally and personally. What I found was a group of supportive mentee's & mentors who not only shared their knowledge but also life encounters thus challenging me to make a step and move out of my comfort zone.

Through healthy and broad-based conversations, real advice, and encouragement, it helped me gain confidence in my abilities. I've learned how to navigate challenges, set meaningful goals, and approach opportunities with a growth mindset. The program has connected me with individuals who genuinely care about my success, and it has empowered me to believe in my potential.

I can confidently say that this program has played a vital role in shaping my journey. I would gladly say that for the time I've been in this program I have gained a sense of direction, inspiration & lifelong network of encouragement to keep grinding despite the situation and everything happens for a purpose and if it was meant for you one need to work yourself out to achieve it.

ANTONY
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KIMARI

FREDDIE CHARLES



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Plumber



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Freddie Charles

VISION

To be a recognized pioneer in my field, constantly pushing boundaries and inspiring new ways of thinking.

MISSION

To create innovative solutions that simplify complex challenges and bring beauty into everyday life.

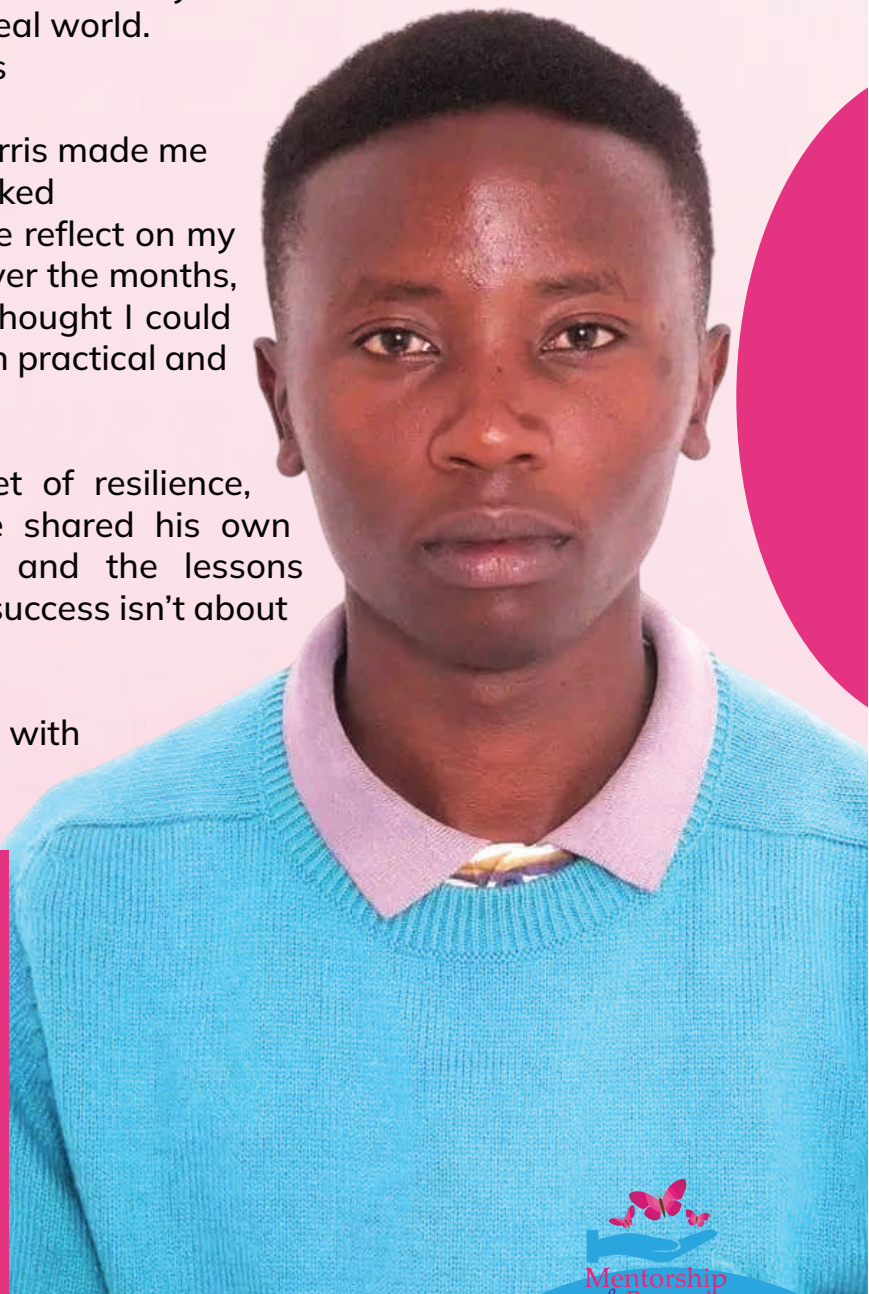
When I first joined the mentorship program, I was at a crossroads in my life path. I had ambition but lacked direction. I felt overwhelmed by the choices ahead and unsure of how to navigate the real world. That's when I met my mentor, Mentor Morris

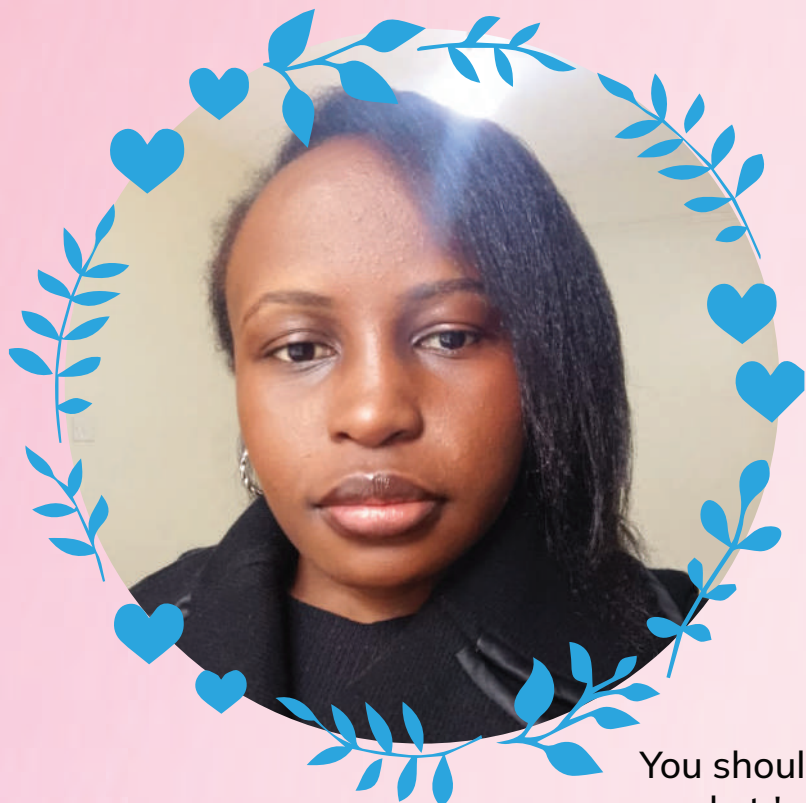
From our very first conversation, Mentor Morris made me feel heard. He didn't just offer advice; he asked thought-provoking questions that made me reflect on my strengths, weaknesses, and aspirations. Over the months, he guided me through challenges I never thought I could overcome, providing insights that were both practical and transformative.

My mentor helped me develop a mindset of resilience, adaptability and continuous learning. He shared his own experiences—the failures, the setbacks, and the lessons learned. His honesty made me realize that success isn't about avoiding failure but about learning from it.

Today, I stand more confident, equipped with skills I never imagined I'd develop. I've grown in critical areas of life and most importantly as a person. I've gained confidence, clarity, and a network of support that continues to inspire me. Mentorship isn't just about guidance—it's about transformation, a catalyst for one's growth.

And for that, I am forever grateful.





VELMA MIDEVA MUSIEGA

 **Entrepreneur**

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VISION

***To re-culture the world,
one space at a time,
one person at a time.***

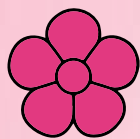
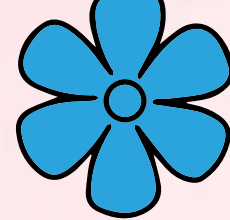
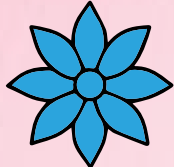
You should understand your product and know your market ', a statement that stuck with me and I will probably carry for the rest of my life. From the one on one session I had that statement was said and it caused a total paradigm shift for me. I began thinking about it and the importance of understanding your context and its desired outcome. M&B has been quite a refreshing experience for me. Through the trainings and teachings I have been challenged to dream again as well as extending grace to myself by understanding that life happens in seasons.

MISSION

***To live a holistic life that
allows all my multidimensional
expressions to have a
positive impact in the world.***

When joining M&B, I was driven by a passion for personal growth and development and when I saw enrollment is happening, I quickly signed up. What I didn't anticipate was the demand it would make on me to grow and be disciplined in order to maximize the program fully. Through M&B, I have learnt the seriousness and importance of time and punctuality. This has birthed new intentionality within me pertaining to how I allocate and manage my time knowing that every minute counts.

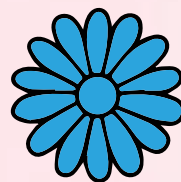
The mentors have been incredible and their hands on approach cannot go unnoticed. I'm so grateful for the opportunity to go through the program with M&B and I'm excited for you as you do the same and begin your journey of becoming!



FLORA MWANGI



I would urge people to join this journey and for sure at the end you will not be the same again.



Mentorship and beyond is the best choice I made in my life. Indeed it is a journey that has made me become. It has helped me know my personality where by I realized I can defend myself despite the situation. I was so shy and kind, an introvert where by people could mock me and take advantage of my silence simply because I couldn't say anything or stand for myself. Through this journey I can testify that for sure I have changed my life into a new me.

M&b has also helped me know that I can achieve my goals through believing in myself by taking a task that I want to start, knowing that am not supposed to stop as I pursue where am going.

When I find myself in darkness it is good to be helped, but not always. It's better to be independent and still want to be shown the way. I have it all, it's only that there's darkness in this phase. If I go past this phase I will get all I want by myself.

I can also handle my finances well without misusing any penny as I look forward to a better future...I can testify I am more disciplined than I was through following the M&B rules.

I would urge people to join this journey and for sure at the end you will not be the same again.

I take this opportunity to thank all our mentors' for your sacrifice, for making us become. I am looking forward to continue learning and growing more.



ALEX MURIITHI NJERU



At the beginning of this year, I made a decision that would quietly become one of the most defining moments of my life. I signed up for Mentorship and Beyond, not fully knowing what to expect—only that I was hungry for clarity, growth, and something more than what life had shown me so far.

Looking back now, I realize I didn't just enroll in a program. I stepped into a space that would challenge the very way I saw myself. A space that invited me to go deeper, dig wider, and rise higher.

Mentorship and Beyond was not a class. It was a journey—an awakening. It was a mirror that showed me not just who I was, but who I had the potential to become. Every session, every challenge, every conversation was designed with intentionality—crafted not to give me answers, but to help me ask the right questions. Questions that made me confront my fears, silence the noise of self-doubt, and begin to rebuild my confidence from the inside out.

Before this program, confidence to me was conditional. It came and went, depending on who was watching or how well things were going. But throughout this mentorship, I discovered something deeper—self-trust. I began to trust my voice, trust my instincts, and most importantly, trust my worth. My personal growth didn't come from perfection, but from the courage to be vulnerable, the willingness to be seen, and the decision to grow anyway—even when it felt uncomfortable.



Graphic designer, Video Editor & a Student.



muriithia967@gmail.com



Alex Njeruz

VISION

To empower brands to grow with creativity, clarity, and smart automation.

MISSION

To help businesses stand out and scale by combining bold design, strategic branding, and marketing automation.

Through Mentorship and Beyond, I redefined my identity. I no longer see myself as someone trying to find their way, but as someone who is creating their way—with intention, boldness, and purpose. I now walk into rooms not hoping to fit in, but ready to stand out—not for applause, but from alignment.

This program didn't just inspire me; it activated me. It helped me build inner strength, emotional intelligence, and a sense of direction that now guides everything I do—personally and professionally. It became the bridge between who I was and who I'm becoming.

While this mentorship journey has been deeply transformative, I couldn't have walked it alone. I want to specially acknowledge someone who became more than just an accountability partner—she became a sister in purpose. Through honest conversations, gentle check-ins, and constant encouragement, she helped me stay grounded and true to the process. Her presence reminded me that growth is not just personal—it's relational.

Thank you for walking beside me, challenging me, and believing in me even when I doubted myself. Your support was a gift I didn't know I needed, and one I'll never take for granted.

As I prepare to graduate, I carry with me more than lessons—I carry a renewed sense of self. I've gained clarity, confidence, and a mindset that's no longer afraid of growth, but actively pursues it.

To anyone standing at the edge of uncertainty, unsure if growth is worth the discomfort, I say this: Mentorship and Beyond is not just a program. It's a catalyst. A launchpad. A sacred space where purpose is uncovered, identity is sharpened, and transformation becomes inevitable.

I am living proof that one decision can change everything.

DOREEN MAKENA



Medical social worker



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Real Reen



VISION

To support and empower people through life's health and mental challenges ensuring they feel heard, respected and never alone

MISSION

To live a life rooted in faith, guided by love, integrity and committed to personal growth. Striving to be a source of strength and compassion for my family, friends and all those I serve using my God given purpose to uplift others, foster meaningful connections and contribute to a kinder more just society..

"Life is like a book; Each chapter holds lessons, each page a chance to grow. with God as the author, even the hardest lines carry purpose and our story becomes a source of hope for others." A referral from my friend and highschool classmate marked the beginning of my journey in M&B and truly the platform created an environment that I wish everyone can experience in their life.

At first when the classes began somehow seemed that it might be stressful and challenging due to time but I would always say to myself that "people create time to what they value and love" And true to it Mentorship and Beyond has been an amazing experience. Have you heard of spiritual, mental and physical awakening? then M&B is a practical definition of the combination.

Through one on one meetings with mentors, follow-ups and being given sense of facts I overcame my past battles. Alongside many of the sessions; Principle of Establishment has been my cornerstone, 2nd Corinthians 13:1 "This is the third time I am coming to you. In the mouth of two or three witnesses shall every word be established"

Thankyou and May God bless the entire M&B fraternity!

**"DO NOT BRAG ABOUT YOUR MORAL UPRIGHTNESS.....
UNTIL YOU HAVE MONEY TO FUND YOUR TEMPTATIONS"**

DAVID KARANJA

The Mentorship and Beyond program has been such a transformative sessions in my life. I came to know about mentorship & beyond program from a friend. Joining this program was not easy, despite the busy schedule in my 24hrs, I managed to attend 98% of the sessions. Through the journey once a mentor said, "ignorance empowers darkness but understanding empowers light". He also said, "Every earth has a capacity to produce".

I was such a person who could say yes to every request without considering myself but through the program I am able to say no where I am not able and I do not feel offended or guilty. David the people pleaser has come to an end. My courage to do great things was cultivated through the program

Secondly, I was a person who loved to work alone and thought the results will be more perfect, but through the program the spirit of team work was cultivated. Once a mentor said, "money is allocated and not spent". "Money loves a long-term relationship". Through this my financial management changed.

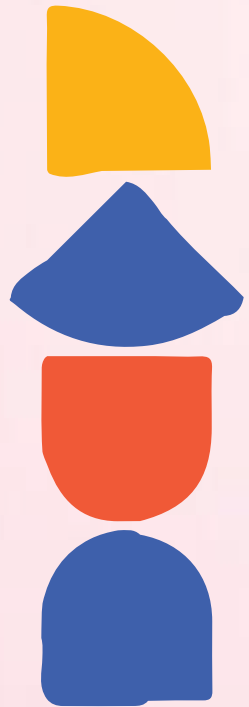
I recommend the Mentorship and Beyond program to all youth and people to join because it is an educative and transformative program.

I look forward to graduate and continue to be part of Mentorship and Beyond program family

“

***Money is allocated
and not spent***

”



VIVIAN WANJIRU



Auditor



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wanjiru_vivianna



VGikunga40

VISION

I envision myself becoming a highly successful and influential investor

MISSION

To empower young people by equipping them with the knowledge, tools, and confidence to grow their money—no matter where they are in the world or how much they earn.

Counsel in the heart of man is like deep water, but a man of understanding will draw it out.” Proverbs 20:5

This verse was first shared with me by Mentor. Morris, long before I became part of Mentorship and Beyond. Eventually, I joined the program through my friend Millicent—and it has been one of the most impactful decisions I’ve made.

One module I find myself returning to often is Choices. It helps me understand that I can make a right decision based on a wrong choice, and vice versa. But to consistently make right decisions aligned with right choices, I’ve learned that light is essential—specifically, the light and guidance of the Holy Spirit.

M&B has truly been a transformative place—a space for deep reflection, spiritual growth, and wise counsel. I’m grateful to be part of such a purpose-driven community.

IRUNGU LANRE MWANGI



Philanthropist
\$
Filmmaker

Before I joined Mentorship and Beyond, I was silently drowning. On the outside, I looked okay but deep down, I was broken, confused, and tired. I kept showing up for people while I was empty inside.

I had questions about my purpose, my identity, and whether I was even worth anything to God. I was spiritually dry, emotionally worn out, and slowly giving up on myself.

But something in me still whispered, 'There's more.'

And that's when I found Mentorship and Beyond.

From the very first session, I felt seen really seen.

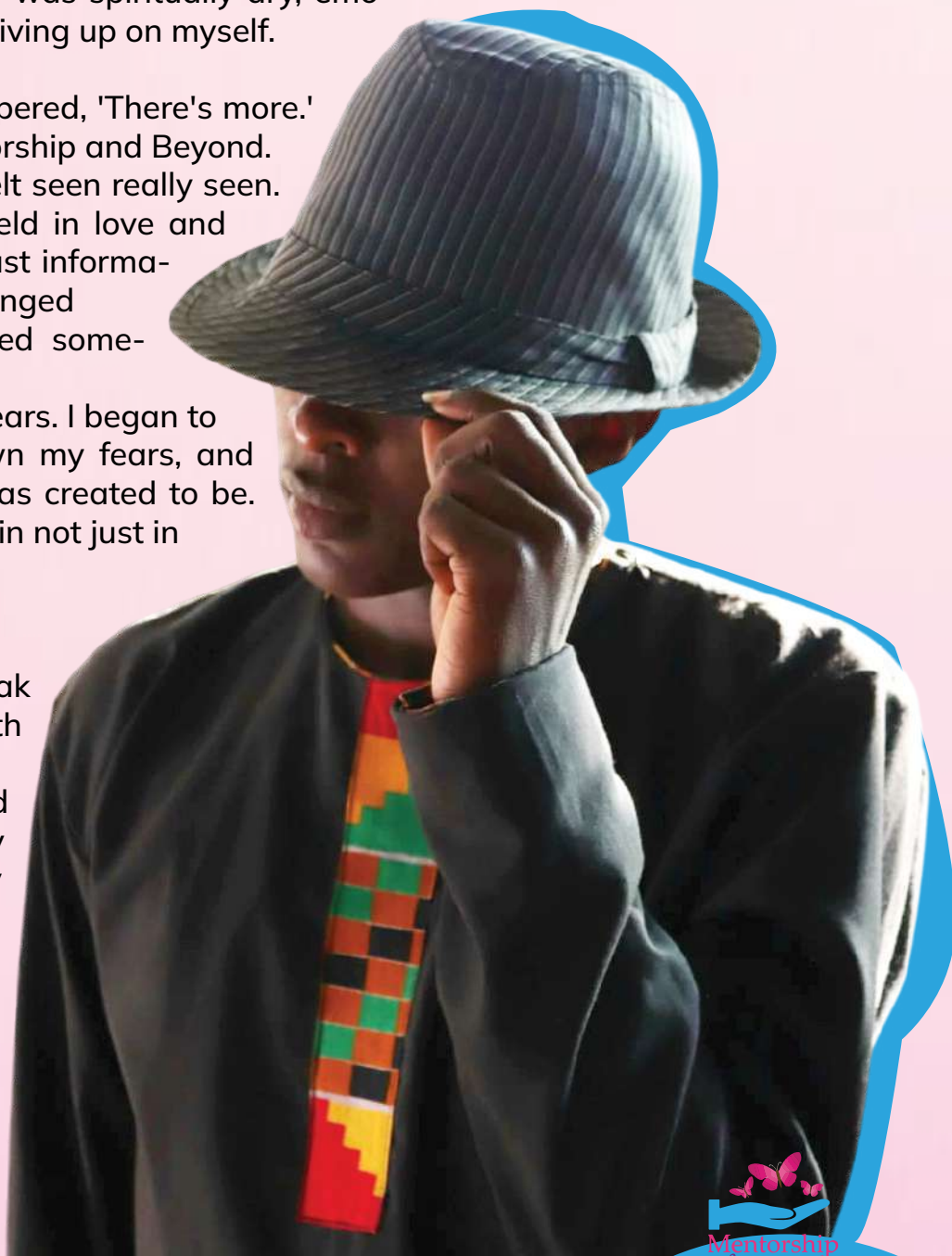
Not judged, not rushed but held in love and truth. The teachings weren't just information; they were life. They challenged me, healed me, and awakened something in

me that had been asleep for years. I began to confront my wounds, lay down my fears, and pick up the pieces of who I was created to be. Slowly, I started to believe again not just in God, but in myself.

IRUNGU LANRE MWANGI.

Now, I walk differently. I speak with confidence, I serve with purpose, and I know that I am chosen. Mentorship and Beyond didn't just change my spiritual life it gave me back my life and for that, I am forever grateful.

“ **Mentorship &
Beyond**
is the place to be ”



 **Finance Officer**

 **+254796825315**

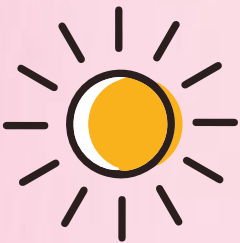
 **mainawinfred9@gmail.com**

VISION

To become a star that lights up during dark days, a hope that is seen during the discouraging moments and a light that shines brighter when things are still ok.

MISSION

To be a great woman who loves Christ, a successful lady, an inspiration to many and a hope giver.



Talk about a home, calm, and a place that will warm your heart. Have you ever considered whether you know yourself or if you still need to learn about yourself?

M&B is the place to be; you can gain a better understanding of yourself.

You learn how to better handle obstacles.

Joining M&B has been more than a blessing for me. I believed I knew myself until I met mentors who held my hand and helped me explore deeper. I also saw another Winfred, whom I had not knew existed.

At some point, I realized there was a vast gap and a lot of things I had skipped while growing up.

Through this program, I was able to identify my personality, and I also learned that as much as you want to please people, you should be kind and love yourself. Learning how to live for yourself, not for others. I've also managed to reconnect with myself, and at least my aims are more obvious.

Gratitude to Almighty God for His faithfulness from the start of the the journey. Warm hugs to mentors and mentees , the entire M&B family for being a part of my life. This group has been more of a family.

Thank you all for letting God use you and being a part of my life.



MAINA WINFRED



At the beginning of this year, so many changes were taking place in my life. I remember seeing a post by Mentor Morris inviting applications towards the end of January and I thought to myself, "It is time to get myself into a personal mentorship" I know, I know that some may wonder why I needed this, but the truth is, even mentors need mentors.

I met Morris through work where I got a first-hand chance to interact with the testimonials and goals of Mentorship and Beyond (M&B) late last year and I was truly inspired. The saying that nothing happens by accident is true because I got a chance to meet an amazing team of mentors dedicated to helping us Become.

Its been a journey of 6 months and the transformation is evident. I have gained so much perspective, learnt to focus on one thing at a time, understanding that its okay to still figure it out in my twenties. I love how happy my life is as I take one day at a time.

Thank you M&B! May God Bless You All.



Relationship Manager, Data Analystt



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<https://www.instagram.com/jen.nie3?igsh=ZzdjZm1yZnhtM3o2>



<https://www.facebook.com/jeniffer.anyango.50>



<https://www.linkedin.com/in/jeniffer-anyango/>



<https://www.tiktok.com/@firstborns.corner>

VISION

***To inspire other young people
that anything is possible.***

MISSION

***To create social change
through transformational
leadership***

JENIFFER ANYANGO

JOSHUA NDUNGU

VISION

To become one of the best visual artists in the Kenya.

MISSION

To use the gifts God has given me in fulfilling my purpose on this earth as well as helping people on the same path.



M&B is a true hidden gem that I believe should be shared with the rest of the world. I do admit I had selfish reasons to join, but that's the thing...M&B allows you to be who you are. This does not mean you stay the same, but embracing who you are gives you a chance for growth. You grow from your selfish reasons to giving, as a result of all you have received from the initiative.

The mentors are also top notch, which would have no meaning if they did not truly care for the well-being of the mentees to which I testify that they do. This is seen by how far they are willing to go and bear for us. You would think you know a scripture just to find out it had a whole other layer to it or a mentor points something out and the puzzle pieces in your head all connect. Truly the wisdom of the mentors is what I like to call the wisdom that comes from heaven.

It is amazing that I have gotten this far and through M&B I feel renewed and rejuvenated to keep moving forward. It is the exact push I was looking for. I hope M&B continues to touch more lives and I plan to be there every step of the way. There is always something to learn no matter who you are. Much has been exposed to me, some that I knew but ignored and some that were hidden, some that propel me forward and some that I leave behind.

What a blessing this has been,
and I hope to continue being a blessing to M&B.

Shalom

MISS.KARIUKI MILLICENT

To us who are in christ,we believe nothing happens to us as coincidence. But we believe everything happens for a reason and for this reason His will be glorified and magnified. And through M&B program I'm a living testimony of these words

Joining M&B was not my plan but His plan,I joined just because my mentor introduced it to me and he is the founder.

As Jesus replied to Peter in John 13:7,,that you do not realize now what I'm doing but later you will understand,,"

I can now confess that how this program was whispering to me all the way. You may never understand what 6 months can do to a soul until you have an encounter with this program.

Through M&B I gradually started gaining self awareness, my potential was exposed,my weakness too..in my process of becoming..I understood some of my habit and ,character I was battling with was a result of trauma I never thought I had....

The foundation that have unmasked me fully,clothed me beautifully and lead me to my dream life how can I rename it???still trying to find a name...

I can detect growth in all areas of my life...

My leadership skills was moulded and build ,the room to network was safely opened Through my journey of becoming I was healed,- found and I can confidently and openly share my untold stories that had caged me in my past...for God's glory ,to motivate and to inspire others . I have discovered and I'm sure of my purpose and interest as I do life.

This family have given me friends and connections that I will live to treasure and cherish in life.

Forever grateful to Mentorship &Beyond..

A home to be.!



JOY WANGARI



Student



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0786637939

VISION STATEMENT

To be a confident, purpose-driven leader who empowers others through the values and lessons gained from mentorship.

MISSION STATEMENT

To guiding others by offering encouragement, sharing knowledge, and creating safe spaces where individuals can grow with confidence, clarity, and connection.

I wasn't looking forward to mentorship when i found it. In fact, it found me through shared links from my mom and a great mentor. It found me at the start of the year 2025, when I had visions and great plans ahead and then boom, mentorship and beyond commonly known as M&B. Who knew I'd need this family and lessons.

Every journey has it's own challenges and truly, this group enlightened me(metal sharpens metal). From how I let days pass by unless I had classes or events coming up, to actually creating a whole plan for the week and having a strict checklist. Every Thursday at exactly 9:00pm where you had to be in time. It was not as easy as it sounds at first but I started to get the hang of it and it made something in me grow, PUNCTUALITY. At first I missed on an assignment and I felt so bad about it, I actually cried about it. But since then, I wanted to be woke and sobber with everything going on and being mentioned in the online session. A skill learnt, 'listening'. That made me grow.

One thing I will forever appreciate is the first one on one session with Mentor Morris. That was a real game changer and I am truly glad I had that session. I learnt to face my fears, be strong and bold despite the bumps ahead. To move despite the whispers in the crowds.

We also had class sessions on Thursdays and my favourite was Taking Charge. I missed this in life before M&B. Putting others before me in the name of pleasing but now, I am a young lady learning to take charge of my throne thanks to a powerful combo, Mentor Timothy and Mentor Morris.

My takeaway;1) Even your setbacks refine your brand. 2) If you can't locate where it is broken, then it cannot be fixed.

I dedicate my testimony to God, Mentor Morris, Mentor Timothy, Prefect Millie and the greatest family of all time, M&B.

VISION STATEMENT

***Boldly becoming. Purposefully impacting.
Always reflecting God's light.***

MISSION STATEMENT

To live a life of purpose, authenticity, and spiritual alignment by embracing my true identity, stewarding my resources wisely, and helping others uncover their God-given potential through mentorship, knowledge, and intentional growth.

 Accountant, Auditor.

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 Triza Nyambura

 Tess Maina

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 Teresia Maina

TERESIA NYAMBURA MAINA



My Transformational Journey with M&B

A few months ago, I joined the M&B program through a friend and mentor, not realizing how deeply it would transform my life. I came in with identity struggles and unresolved trauma, unaware of how much they shaped my behavior. M&B helped me uncover my true personality, embrace my uniqueness, and grow comfortable in my own skin.

I've learned that I was created for dominion, and that my soul—made up of my emotions, mind, imagination, and memory—connects my spirit to my body. I now understand that whatever I feed the most gains the loudest voice. My purpose is mature but hidden within me, and through understanding, as Proverbs 20:5 teaches, I can draw it out.

Through one-on-one sessions with Mentor Morris, I removed subconscious masks and learned that manifestation is rooted in knowledge—of self and of season. I've come to understand the power of daily choices, the principle of compounding, and the importance of acting with wisdom, not emotion.

I've overcome patterns of people-pleasing, false humility, and learned that identity is a powerful currency that will be tested at life's gates. I now know that true humility comes from God, and that action, not just intention is what shapes my path.

Even financially, I've grown learning that money has a personality, and in every resource lies both seed and food. With this wisdom, I now steward my resources and identity with purpose.

I am a mystery unfolding, boldly building a life and brand that reflect God's purpose. This journey to self is the longest, but I've begun it with capacity, courage, and shameless audacity.

I am becoming—and I will keep on becoming.



Thankyou